

Garmin.com

You are signed in as kevincarlos | Settings | Help | Sign Out [Upload](#)

Dashboard **Analyze** **Plan** **Explore**
 Activities Reports Health

Angela's Ashes

[Previous](#) [Next](#)

Sat, Aug 11, 2012 10:08 AM Pacific Time (US & Canada) By kevincarlos
 Activity Type: **Hiking** | Event Type: **Special Event** | Course: --

[Like](#) Be the first of your friends to like this.

[Share](#) [Export](#) [Compare](#) [Send to Device](#) [Save as Course](#) [Print](#) [Details](#) [Splits](#) [Player](#)

Summary

Distance: 7.90 mi
 Time: 5:52:57
 Avg Pace: 44:42 min/mi
 Elevation Gain: 1,326 ft
 Calories: 870 C

Details

Timing	Pace	Speed
Time:	5:52:57	
Moving Time:	3:30:58	
Elapsed Time:	6:15:39	
Avg Pace:	44:42 min/mi	
Avg Moving Pace:	26:43 min/mi	
Best Pace:	15:32 min/mi	

Elevation

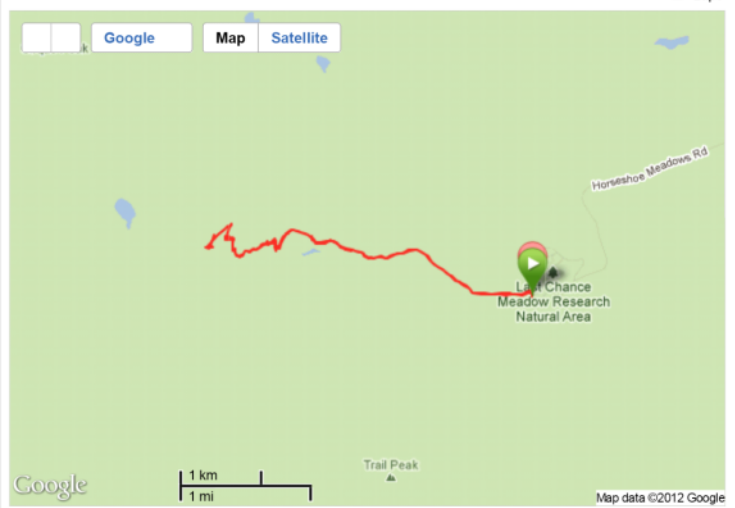
Elevation Gain: 1,326 ft
 Elevation Loss: 1,315 ft
 Min Elevation: 9,921 ft
 Max Elevation: 11,160 ft

Laps 8

[View Splits](#)

Split	Time	Distance	Avg Pace
1	27:12.0	1.00	27:12
2	46:26.6	1.00	46:29
3	1:04:19.3	1.00	0
4	1:01:34.5	1.00	0
5	57:23.2	1.00	57:26
6	44:26.9	1.00	44:29
7	28:17.3	1.00	28:18
8	23:17.4	0.90	25:56
Summary	5:52:57.2	7.90	44:42

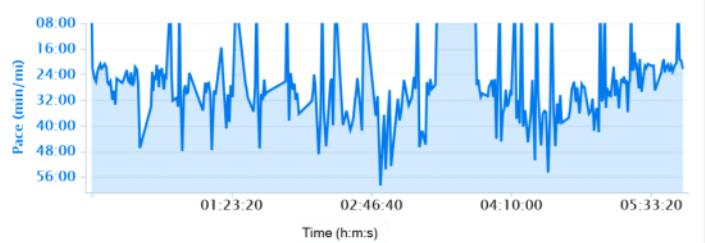
Map



Charts

Average

Timing



Elevation

