

ERIC N. SMITH

Stanford University: Department of Psychology
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EDUCATION

Stanford University Ph.D. Student, Department of Psychology (Social Psychology Area) Advisors: Greg Walton, Carol Dweck, & Alia Crum	Expected June 2019 <i>Stanford, CA</i>
Northwestern University Bachelor of Arts in Psychology & Biology (Neurobiology focus) Magna Cum Laude; Departmental Honors in Psychology	June 2012 <i>Evanston, IL</i>

RESEARCH EXPERIENCE

Project for Education Research That Scales (PERTS) <i>Research Assistant/Lab Manager</i>	July 2012 – August 2014 <i>Stanford, CA</i>
Coordinated, designed, and implemented an emotion regulation intervention under Dr. James Gross Developed online interventions and supervised RAs and programmers under Dr. Greg Walton Cleaned, merged, and analyzed large educational intervention datasets in R	
Revelle Personality Project Lab <i>Honors Thesis Candidate advised by Dr. William Revelle</i>	September 2011 – June 2012 <i>Evanston, IL</i>
Completed honors thesis on large-scale survey of gender differences in vocational interests	

PUBLICATIONS

Smith, E.N., Romero, C., Donovan, B., Paunesku, D., Herter, R., Cohen, G., Dweck, C., & Gross, J. (2018). Emotion Theories and Adolescent Well-Being: Results of an Online Intervention. *Emotion*.

Hawkins, R.X.D.*, **Smith, E.N.***, ... & Frank, M.C. (2018). Improving the Replicability of Psychological Science Through Pedagogy. *Advances in Methods and Practices in Psychological Science*.

Paunesku, D., Walton, G.M., Romero, C., **Smith, E.N.**, Yeager, D., Dweck, C. (2015). Mindset Interventions are a Scalable Treatment for Academic Underachievement. *Psychological Science*, 75(1), 33-52.

Smith, E.N., Santoro, E., Moraveji, N., Susi, M., & Crum, A. (in prep). Improving Stress Management with Wearable Biosensors: Evidence from a Randomized-Controlled Trial.

Smith, E.N., Young, M. D., & Crum, A. (in prep). Stress Mindset and Persistence in Navy SEALs Special Warfare Training.

Crum, A., Santoro, E., **Smith, E.N.**, Salovey, P., & Achor, S. (in prep). Rethinking Stress: Changing Mindsets to Harness the Enhancing Effects of Stress.

HONORS AND FELLOWSHIPS

National Science Foundation <i>Graduate Research Fellow</i>	September 2016 – August 2019 <i>Stanford, CA</i>
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SELECTED PRESENTATIONS

Smith, E.N., Dweck, C. & Walton, G.M. (2016, October 25). *“Do my efforts matter?” Growth Mindset and Dependability Beliefs in Middle School*. Talk given at Teacher Professional Development Meeting: San Jose, CA.

Smith, E.N., Romero, C., Donovan, B., Lee, I., Paunesku, D., Herter, R., Cohen, G., Dweck, C., & Gross, J. (2016, April 12). *A Theories of Emotion Intervention for Adolescents*. Talk given at the American Educational Research Association Annual Meeting: Washington DC.

Smith, E.N., Romero, C., Donovan, B., Lee, I., Paunesku, D., Herter, R., Cohen, G., Dweck, C., & Gross, J. (2016, April 12). *Declines in Adaptive Emotion Regulation Beliefs and Strategies across Middle School*. Talk given at the American Educational Research Association Annual Meeting: Washington DC.

Smith, E.N., Romero, C., Paunesku, D., Walton, G.M., Dweck, C., Boaler, J. (2015, February 26). *When Teachers are Excited about Mistakes*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology: Long Beach, California.

Smith, E.N., Paunesku, D., & Romero, C. (2014, April 5). *Mindsets Matter Most When Classes are Challenging*. Talk given at the American Educational Research Association Annual Meeting: Philadelphia, Pennsylvania.

Smith, E.N., Romero, C., & Paunesku, D. (2014, February 15). *A Growth Mindset is Most Important in Difficult Courses*. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology: Austin, Texas.

TEACHING AND MENTORING

Academic Guest Lecturer

March 2016 – Present

Lab in Experimental Methods: Mixed Effect Modeling

Stanford University, CA

Lab in Experimental Methods: Power and Simulation

Stanford University, CA

Undergraduate General Psychology: Intelligence

University of San Francisco, CA

Graduate Application Mentors for Psychology

September 2016 – Present

Graduate Mentor

Stanford, CA

Mentored three 1st-generation Psychology Ph.D. applicants and provided feedback on applications

Minds Matter – San Francisco

October 2014 – March 2017

Sophomore Mentor/Curriculum Consultant

San Francisco, CA

Mentored a low-income high school student, with the goal of college acceptance and graduation

Delivered yearly hour-long workshops on the benefits of stress adapted from research by Dr. Alia Crum

Citizen Schools at Cesar Chavez Academy

September 2012 – December 2012

Citizen Teacher

East Palo Alto, CA

Developed and taught an 11-week introductory psychology course for middle school students

OTHER PROFESSIONAL EXPERIENCE

The Duckworth Lab at the University of Pennsylvania

October 2013 – January 2014

Technical Consultant

Philadelphia, PA

Trained research team members in R and LaTeX to produce automated participant reports

Jacquie Beaubien Consulting
Data Analyst

June 2013 – November 2013
Los Angeles, CA

Cleaned and aggregated survey data; created charts to present survey results to school administrators

MEMBERSHIPS

American Educational Research Association (AERA): Division C, 2014 – Present

Association for Psychological Science (APS), 2014 – Present

Society for Personality and Social Psychology (SPSP), 2013 – Present