

# How healthy are your bones?



**Did you know the health of your bones during your 20s and 30s predicts the health of your bones throughout life?**

**For information on the study and how to join, please contact: 650-493-5000 ext 69323**

- Take part in a research study to assess bone health in people age 20 to 39
- One visit to VA Palo Alto for a bone density scan
- Earn \$50 to \$75 for participating
- 100 females and 100 males needed

For questions on participant's rights, contact:  
866-680-2906