# NEEDFINDING

# and Assistive Technologies

Lecture **Needfinding – What, Why and How** 

Exercise Discover by Interviewing

Discussion Your ideas, your questions

Project dynamics

# What are Needs? Maslow's Hierarchy



Q: But do I/you/they really *need* that?

### **Definitions**

#### Needfinding

To identify a person's unsatisfied wishes, requirements or aspirations, related to a particular task or goal.



#### **Capability**

Resources, skills, tools, systems that enable a person to satisfy their needs and reach their goals.

#### **Context Discovery**

To identify the circumstances, forces and limitations that affect how people satisfy their needs

#### **Assistive Technology**

Devices, systems or technologies that enable a person with limited abilities reach their goals

# Three things to know about needs...

Things don't have needs; people do.	It helps to define the need in experience terms.	What happens when the need is satisfied?
Who are all the people in the problem space?	How does the person experience the need?	What changes when the person experiences satisfaction?
What are their needs related to the problem and the person?	What about the other people in the picture? How are they affected?	How are the other key people affected?

## Warm Up Exercise – How did you get here today?

Think about what you did to get here today – From the time you woke up, or from your last stop.

#### Make a list

The things you did to get here...

#### Make a note

- 1. What things were important?
- 2. Why was it important to be done that way?
- 3. Tools / enablers you used
- 4. Blocks you managed

Self-actualization
Esteem
Love & belonging
Safety needs
Physiological needs

## Four things we want to learn about needs & context

# WHAT

#### Goals

What does the person want to do, have, or accomplish?



#### **Values**

What's important about what they want or the way they achieve it? What does it mean for them?

## Four things we want to learn about needs & context

# WHAT

#### Goals

What does the person want to do, have, or accomplish?

# HOW

## **Capabilities**

What resources, skills or abilities does the person have or bring to the situation?

# WHY

#### **Values**

What's important about what they want or the way they achieve it? What does it mean for them?

# BLOCKS

#### **Constraints**

What kinds of obstacles, limitations, or deficits are at work in the situation?

### How do we do it?

Interview – talk to people

**Observation** – watch people's activity, in context

**Prototype** – make something and see what they do with it







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Then what?

**DESIGN THINKING** 

**CRITICAL THINKING** 

Ideate

**Facts** 

Sketch

**Assumptions** 

Prototype

Inferences

Iterate

## **Interviewing**

### **Tips**

Avoid leading questions

Ask them to show as well as tell



- We get information directly from the person the user We get their perspective, how they feel about it
- Time and skill intensive
   Must be careful when generalizing
   What people say is often different than what they do

## **Observing**

### **Tips**

Observe *actual* activity
Approximate the design target
Immerse yourself in context
Shadow, record, review
Collect a rich description of activity



Resources used to accomplish Hindrances that get in the way



## **Exercise – How they got here today**

#### Work in groups of 2-4

One person volunteers to be 'interviewee' - or -

Work with a community member who is here today

#### **Ask about** how *they* got here today

Activity | Materials | Gear

#### See what you can learn about their

**Goals** – why they wanted to be here – their goal in coming

**Values** – what was important about how they did it

Capabilities – what resources were available or used

**Constraints** – what blocks stood in the way

# **Project dynamics**

## **USER**

Requirements & Capabilities

### **TEAM**

Capabilities & Limitations

## **COURSE**

Resources & Technology

## Six things to remember when observing what people

1.



#### Cast aside your biases, listen and observe

Let subjects tell their own story, and listen for the things that elicit emotion, cause them concern or frustration.

"If you want to find out what people really need, you have to forget about your problems and worry about their lives." 2.



#### Note the contradictions between what people say and what they do

Opportunities for innovation lie within the disconnect between action and words.

3.



4.

#### Listen to people's personal stories

Let them relate their successes and failures.

Stories encompass the implicit rules that govern and organize peoples lives and reveal what they find normal, acceptable and true. They reveal moral codes, sources of pride, shames, shoulds and shouldnots.



#### Watch for "work arounds"

People make do and work around the shortcomings of products and situations.

In everyday life, we all come up with "work arounds," clumsy or clever, that we usually are totally unaware of.

You must take note.

## Six things to remember when observing what people do

5.

6.



#### Distinguish between needs and solutions.

Needs open up possibilities, solutions constrain them.

If you start with a solution then you may overlook the possibility of coming up with an entirely new and revolutionary product or service.



## Look beyond the obvious.

Your research may seem so routine and familiar that you feel there is nothing new to be learned.

Boredom and frustration easily set in. Stay alert.

The epiphanies and insights emerge from the nuances.

#### Resources

hci.stanford.edu/courses/dsummer/handouts/NeedFinding.pdf
What to do in Need Finding

hci.stanford.edu/courses/cs247/2012/readings/dschool-observing.pdf

Observant Observing

hci.stanford.edu/courses/agile/handouts/Interviewing-observing.pdf
Interviewing and Observing – Agile Aging

hci.stanford.edu/courses/cs447/docs/NeedFindingCribSheet.pdf
Need Finding Tools

