# Bridging the Gap between Consumers and Products in Rehabilitation Medicine

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### How is assistive technology used?

- Mental and / or Physical Activities of Daily Living (ADL)
  - Improve functioning
  - Overcome disorder or impairment
  - Prevent worsening of a condition
  - Strengthen a weakness

- Self Care
  - Mobility











- Self Care
  - Dressing











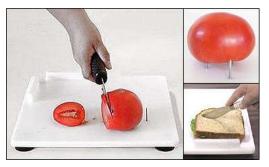




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- Self Care
  - Eating and Meal Preparation











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- Self Care
  - Eating











- Self Care
  - Hygiene



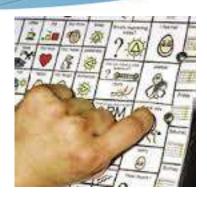






Communication













- Leisure
  - Hobbies, sports, travel, etc.













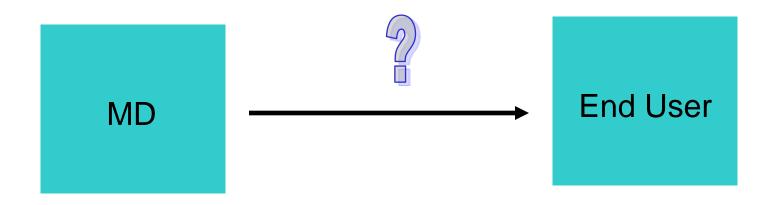
Vocation and Education







### **Prescribing Rehabilitation Equipment**



### The Transdisciplinary Team

#### **Physiatrist**

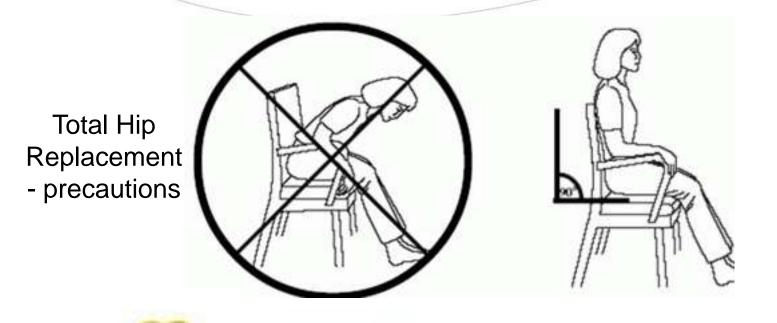
Computer Engineer
Family / Tutor / Caregiver
Rehabilitation Counselor
Assistive Technology Specialist
Service Coordinator
Fabrication / Adaptation Tech
Training Coordinator
Audiologists
Nurse Practitioners
Psychologist



Social Workers
Occupational Therapist
Speech-Language Pathologist
Prosthetists
Medical Consultants
Teachers / Special Educators
AT Equipment Vendors
Hearing Device Specialists

**Physical Therapists** 

### Assistive Technology: One Size Doesn't Fit All



Long Handled Sponge

At 2 months, 30% of patients aren't using the device

## Steps to Successfully Issue an Assistive Device

#### Home and Patient evaluation:

- > Health Status
- > Economic
- Physical Environment
- Social Aspects
- Personal

## Additional Steps to Successfully Issue an Assistive Device

- > Introduction of device
- > Site and method of instruction / training

## Different Levels of Assistive Technology Require Different Amounts of Training

#### **Low Technology Adaptation**

Easy to use and does not require electrical power. May require a short training period.

#### **Elementary Technology Devices**

Includes most battery-operated devices. User requires a moderate training period. Usually off-the-shelf or inexpensive.

#### **High Technology Devices**

➤ Includes complex and programmable equipment. User requires specific training in order for the user to take full advantage of their capabilities. Expensive.

## Additional Steps to Successfully Issue an Assistive Device

#### Written justification to insurance company

TABLE 1: ELEMENTS OF A LETTER OF MEDICAL NECESSITY	
Description of disability	Thorough description of the disability, how it impacts function and/ or engagement in daily occupations, and why this necessitates AT
Assistive technology description	Thorough description of the AT being requested, outline of any modifications needing to be made to the AT for its use
Assistive technology relationship to medical need	Thorough explanation of the medical need for the AT to improve or sustain function in daily occupations
Inability of alternatives to meet medical needs	Thorough explanation of why alternatives or other AT would not meet the medical needs of the client
Ability to use technology	Thorough explanation of how the client will be able to operate or utilize the AT given his or her particular disability
Requested assistive technology as community standard	Thorough explanation that it is the standard or current practice in OT to provide the requested AT to persons with the specific disability
Note. Adapted from Michigan Disability Rights Coalition (n.d.). Retrieved from http://www.copower.org/funding-strategy/303-step-6-document-your-need.html	

## How this all Relates to Product Development

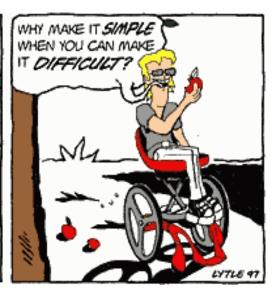
Involve all stakeholders early on and throughout the design process:

- End users
- Rehab team / therapist
- Family members

### Whenever possible, keep it simple







## **Disability** ≠ **Inability**



#### **Website Links**

- Allegro Medical: http://allegromedical.com
- Abledata: http://www.abledata.com
- North Coast Medical: https://www.ncmedical.com
- Sunrise Medical: http://www.sunrisemedical.com
- Disabled Sports: http://www.disabledsportsusa.org/sports/adaptive-equipment/

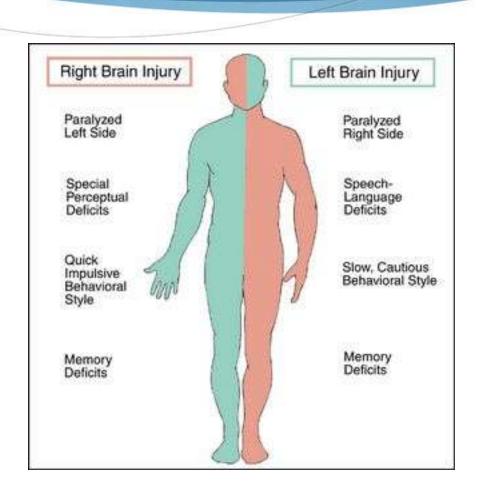
## Where to donate used medical equipment

- ReCARES
- **▶ Lions Club <u>Hearing Aid Recycling Program</u>**
- Centers for Independence of Individuals with Disabilities
- ♦ Ability Tools Reuse Programs

## Practicing Subject and Caregiver Interviews

- Which of the following assistive technologies do our panelists use?
  - Rules of the interview:
    - Explore social aspects, personal factors, economic and physical environments of the panelists
    - Find out what motivates these panelists
    - You may not ask directly if they use the AT in question or not

## CVA



## Example of a Low Tech Device: Reacher





## Example of a Low Tech Device: Quad Cane

\$35 - \$50



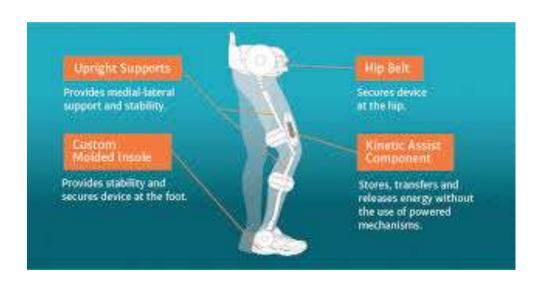
## Example of a Elementary Tech Device: Scooter





\$3000

## Example of a High Tech Device: Kickstart Exotendon





## Example of a High Tech Device: Kickstart Exotendon



#### Other Resources

- Shah and Robinson (2007) Benefits of and barriers to involving users in medical technology development and evaluation. Int J Technol Assess Health Care. 2007 Winter;23(1):131-7.
- Trish Wielandt et al., Factors that predict the postdischarge use of recommended assistive technology. Disability and Rehabilitation: Assistive Technology, January-June 2006; 1(1-2): 29 – 40

#### Other Resources

The Design and Evaluation of Assistive Technology Products and Devices Part 1: Design. Marion A. Hersh. International Encyclopedia of Rehabilitation.