

Localization of Nitric Oxide Synthase in Human Trophoblast Cells: Role of Nitric Oxide in Trophoblast Proliferation and Differentiation

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PROBLEM: There are conflicting reports about the isoform of nitric oxide synthase (NOS) present in trophoblast cells. In this study, we have examined the presence of different NOS isoforms in trophoblast cells. In addition, the role of nitric oxide (NO) in trophoblast function has also been studied by investigating the possible role of nitric oxide in trophoblast proliferation and differentiation.

METHOD OF STUDY: NOS isoforms in primary-term trophoblast and JEG-3 cells were identified by immunocytochemistry. The intracellular localization of this enzyme was determined by confocal laser scanning microscopy. Trophoblast proliferation was studied by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrasolium bromide (MTT) conversion assay and cellular differentiation was monitored by human chorionic gonadotropin (hCG) and progesterone secretion, measured by radioimmunoassay.

RESULTS: The immunoreactive NOS was present in human trophoblast cells of normal term placenta and JEG-3 cells (a choriocarcinoma cell line) maintained in culture. Nicotinamide adenine dinucleotide phosphate (NADPH)-dependent diaphorase activity overlapped with the immunostaining of NOS. Specific antibodies against the different isoforms of NOS detected the presence of neuronal-type NOS (nNOS) only. The other two isoforms, i.e., eNOS (endothelial) and iNOS (macrophage specific) were completely absent. The nNOS was localized in cell cytoplasm. In culture, JEG-3 cells normally undergo proliferation and cytotrophoblast cells in primary culture differentiate to form hormone-secreting syncytial cells. Sodium nitroprusside (SNP), a nitric oxide donor, when added to the culture, significantly increased proliferation of JEG-3 cells and inhibited the differentiation of cytotrophoblast cells. The arrest by SNP in the formation of syncytial cells was further evidenced by the low secretion profile of hCG and progesterone.

CONCLUSIONS: Our findings suggest for the first time the presence of nNOS in the human trophoblast cells and a previously unrecognized role of NO in trophoblast proliferation and differentiation.

Key words:
cell proliferation, differentiation, hCG, nitric oxide, nitric oxide synthase, trophoblast

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INTRODUCTION

Nitric oxide (NO) is a messenger molecule that in recent years has been implicated in a variety of cellular functions in neuronal and non-neuronal tissues. The substrates of NO synthesis, L-arginine and molecular oxygen, are converted by the enzyme nitric oxide synthase (NOS) to citrulline, and NO, an extremely labile and freely diffusible compound across the cell membrane, which acts in a paracrine manner on the adjacent structures. NOS and its product NO are shown to have modulatory roles on myoblast differentiation and acquisition of properties of skeletal muscle.¹ It has also been shown to amplify fibroblast growth factor-induced mitogenesis of the aortic smooth muscle cells.² Nerve Growth Factor (NGF) has been demonstrated to act through NOS-NO system to induce terminal differentiation of neuronal cells.³ Recent studies show that NO can play multiple roles affecting bone marrow cell growth and differentiation. It also mediates increased blood flow to the marrow under haemopoietic stress.⁴

Several isoforms of NOS have been characterized, notably nNOS (from brain), iNOS (from macrophages), and eNOS (from endothelium). Conrad et al.⁵ have reported the presence of calcium-calmodulin sensitive NOS located mainly in the microsomal cell fraction of human term placental villi.⁵ By *in situ* hybridization using a riboprobe generated from human endothelial NOS cDNA, they have further observed expression of NOS in the syncytiotrophoblast layer of the term villous placenta. The immunocytochemical studies conducted by Eis et al.⁶ on term syncytiotrophoblasts formed in culture by differentiation of a pure population of cytotrophoblast cells, however, did not show immunostaining for eNOS in majority of term syncytial aggregates, but were positive in syncytial cells from early placenta. The main objectives of the present work, therefore, were to identify the NOS isoform that is expressed in the pure population of term trophoblast cells as well as JEG-3 cells, a human trophoblast-derived chorionicarcoma cell line maintained in culture, and to examine the effect of NO on trophoblast proliferation and differentiation.

MATERIALS AND METHODS

Cell Culture

Human term placenta obtained from spontaneous vaginal delivery of healthy women were collected in normal saline and processed aseptically. Villous tissues were sampled from several cotyledons and rinsed extensively in normal saline to remove excess blood.

Cells were isolated by differential trypsinization (0.125 g % of trypsin 1:250 [Life Technologies, Grand Island, New York, USA] and 0.01% DNase [Sigma, St Louis, MO, USA]) for 3 × 30 min in calcium, magnesium free Hank's balanced salt solution containing penicillin (100 IU/mL) and streptomycin (100 µg/mL). The heterogeneous cell population was subjected to discontinuous Percoll (Pharmacia, Uppsala, Sweden) gradient (5–70%) centrifugation. The band corresponding to the density of 1.048–1.058 was 95% pure trophoblast cells.⁷ These cells were plated onto 16-mm, 24-well tissue culture plates (Costar, Acton, MA, USA) at a density of 1 × 10⁶ cells/well/mL in Dulbecco's Modified Eagle's Medium-High Glucose (Life Technologies, USA) containing 10% fetal bovine serum and the antibiotics. The plates were maintained at 37°C in sterile humid atmosphere for 4 days with a daily change of medium. For cytochemical, immunocytochemical, and confocal studies, cells were cultured on 12-mm coverslips.

JEG-3 cell line was purchased from American Type Culture Collection (Parkville, MA, USA). They were expanded in tissue culture flask in Ham's nutrient mixture F12 (Life Technologies, USA) with 15% fetal calf serum (FCS) and the antibiotic/antimycotic solution. Cells were harvested by trypsinization (0.25 g % trypsin, 0.03 g % ethylenediaminetetraacetic acid in phosphate-buffered saline [PBS]), counted and plated onto 16-mm, 24-well tissue culture plates (Costar) at an initial density of 5 × 10⁴ cells/mL/well for quantitating their hormone secretion profile and 5 × 10³ cells in 96-well plates for proliferation assay.

Diaphorase Staining

Cells grown on coverslips were fixed in 0.02% glutaraldehyde, washed twice in PBS, and then incubated in solution consisting of 2 mM β-nicotinamide adenine dinucleotide phosphate (NADPH), 0.02% nitroblue tetrazolium, and 0.3% Triton X-100 in 0.1 mM Tris buffer, pH 7.2, for 1 hr at 37°C.³ In control incubation, β-NADPH was omitted. After incubation, coverslips were washed in PBS, dehydrated, cleared, and mounted in DPX.

Immunocytochemistry

Cells grown in monolayer on coverslips were fixed in 4% paraformaldehyde in PBS for 10 min. The cells were initially blocked with goat normal serum (for anti-nNOS staining) or horse normal serum (in case of anti-eNOS and anti-iNOS staining) for 1 hr and then treated with primary antibodies against nNOS (1:1000 dilution; rabbit polyclonal; Transduction Laboratories, Lexington, KY, USA), eNOS (1:2000 dilution; mouse monoclonal; Transduction Laboratories), and

iNOS (1:500 dilution; mouse monoclonal; Transduction Laboratories) for 4 hr at room temperature. The antibody dilutions were made in 0.01 M PBS, pH 7.4, containing 0.5% Triton X-100 and 10% normal serum. After washing, the cells were incubated with secondary antibody (goat anti-rabbit immunoglobulin (Ig) G for nNOS, 1:200 dilution, and horse anti-mouse IgG for both eNOS and iNOS, 1:200 dilution; Vector Laboratories Burlingame, CA, USA) containing 5% normal serum for 2 hr at room temperature. Following this, the cells were incubated in avidin-biotin peroxidase complex (1:100 dilution; Vector Laboratories, Burlingame, CA, USA) in PBS for 1 hr at room temperature. For visualization of antigen-antibody complex, the cells were treated with 0.03% diaminobenzidine tetrahydrochloride (Sigma, St Louis, MO, USA), 0.5% nickel sulphate, and 0.3% hydrogen peroxide in acetate-imidazole buffer (pH 7.4) for 30 s. Finally, the coverslips were rinsed in phosphate buffer, dehydrated in ethyl alcohol, cleared, and mounted onto slides in Dibutyl Phthalate Polystyrene Xylene (DPX).

Confocal Microscopy

Cells cultured on coverslips were fixed and processed as described in Immunocytochemistry. The antigen-antibody complex formed were visualized by using fluorescein isothiocyanate (FITC)-conjugated goat anti-rabbit IgG (1:200 dilution; Reagent Bank, National Institute of Immunology, New Delhi). The coverslips were finally mounted in glycerol. For confocal laser scanning microscopy, a BioRad MRC-1024 laser scanning confocal imaging apparatus equipped with argon/krypton laser coupled to a Zeiss Axiophot microscope was used. Images were stored as BioRad Lasersharp*.PIC file and photographed in Pan-Ilford 100 b/w film using BioRad Imagecorder. Images of 0.5- μ thick serial sections were acquired using blue line.

Cell Proliferation Assay

Cells in 96-well plates were challenged with increasing concentrations (0.625–40 μ M) of freshly prepared sodium nitroprusside (SNP) dissolved in medium such that the total culture volume was only 100 μ L. After 48 hr of challenge, 10 μ L of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrasolium bromide (MTT) reagent (Cell proliferation Kit I; Boehringer Mannheim, Germany) was added according to manufacturer's instruction. Four hours after addition of MTT, 100 μ L of solubilizer was added to each well. Plates were kept overnight in humidified chamber with 5% CO₂. Absorbance was read by microtiter plate-reader (Anthos HT-II) at 550 nm taking 690 nm as reference. Data were expressed in terms of percent of control.

Bromodeoxy Uridine (BrdU) Incorporation and Flow Cytometry

Cells grown on 25 mm² tissue culture flasks were challenged with 10 μ M SNP. After 48 hr of challenge, the medium was removed from the flask, washed once with medium, replaced with fresh medium, and incubated with 30 μ g/mL BrdU for 1 hr at 37°C in humidified atmosphere with 5% CO₂. Finally, cells were harvested by trypsinization and dispersed thoroughly by repeated pipetting. The cell suspension was transferred to 1.5 mL microfuge tube and briefly centrifuged. The supernatant containing trypsin solution was discarded. The cell pellet was washed twice with 0.1 M PBS and fixed with 4% paraformaldehyde in 0.1 M PBS for 1 hr at 4°C. Non-specific sites were blocked with 10% normal horse serum containing 0.5% Triton X-100 in 0.1 M PBS for 30 min, following which, the cells were incubated with 100 μ L of undiluted anti-BrdU antibody for 1 hr at room temperature according to the manufacturer's instruction. At the end of the incubation with the primary antibody, cells were washed thrice with PBS and incubated with FITC-conjugated horse anti-mouse IgG at 1:200 dilution for 30 min at room temperature. After washing, cells were incubated with 10 μ g/mL propidium iodide containing 100 U RNase A for 30 min at room temperature. They were then washed three times with PBS and resuspended in 1 mL PBS. The cell-associated fluorescence was acquired in a Coulter FACS[®] apparatus. A total of 10,000 cells were acquired. Data analysis and graphics generation was done using WinMDI software. Data was expressed in terms of mean peak value.

Assay of Human Chorionic Gonadotropin and Progesterone

Term trophoblast cells as well as JEG-3 cells maintained in culture in 24-well plates were challenged with SNP (10 μ M) for 24 hr in serum free medium. The collected spent media were assayed for progesterone and human chorionic gonadotropin (hCG) by radioimmunoassay following the WHO protocol and using the National Matched Assay Reagents of the Indian Council of Medical Research, New Delhi. Results of the assay were calculated by a special software 'RiaCalc RM, version 2.69 by Wallac Inc.' obtained from Pharmacia, Sweden. Secretion levels of hCG and progesterone were expressed in terms of total cellular protein level.⁸

RESULTS

Diaphorase Staining

Cytotrophoblast, syncytiotrophoblast, and JEG-3

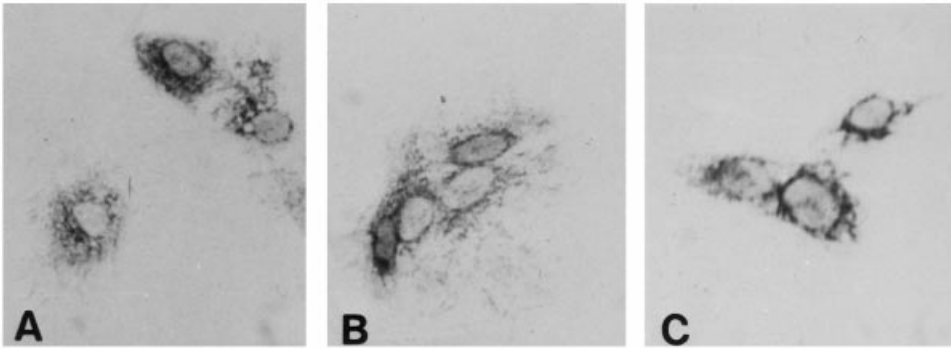


Fig. 1. Diaphorase staining of cultured trophoblast cells. **A**, cytotrophoblast; **B**, syncytiotrophoblast; **C**, JEG-3 cell.

cells exhibited intense diaphorase staining (Fig. 1A–C). Control experiments demonstrated that this reaction was NADPH dependent. Diaphorase staining remained unchanged when the cells received 10% FCS in addition to the incubation mixture (data not shown).

Detection of NOS Isoforms in Trophoblast Cells
 Immunostaining for different isoforms of NOS revealed the presence of nNOS in cytotrophoblast cells (Fig. 2A) at 24 hr of culture as well as in syncytiotrophoblast cells (Fig. 2B) at 96 hr of culture, and also in JEG-3 cells (Fig. 2C). Anti-eNOS (Fig. 2E, F) and

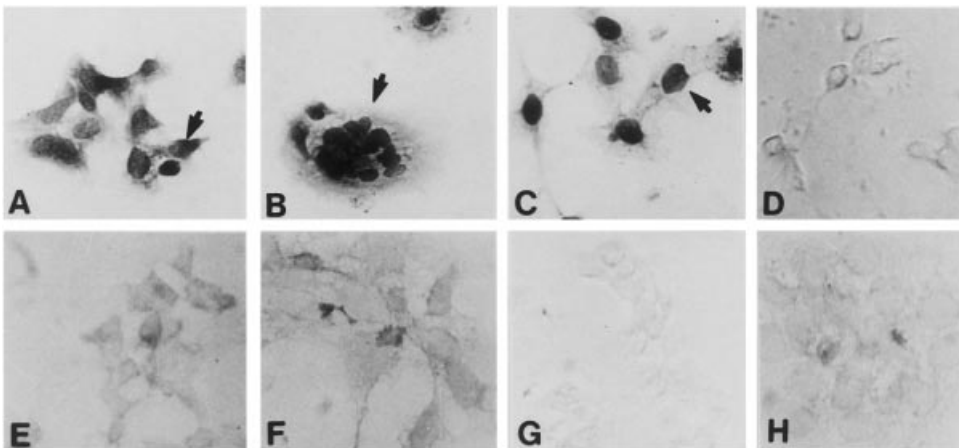


Fig. 2. Immunocytochemical localization of NOS isoforms expressed in cultured trophoblast cells (**A–C**) showing nNOS immunoreactivity in cytotrophoblast, syncytiotrophoblast and JEG-3 cells, respectively. **D**, control staining in cytotrophoblast cells omitted with anti-nNOS primary antibody. **E** and **F**, showing eNOS immunoreactivity in cytotrophoblast and JEG-3 cells, respectively. **G** and **H**, showing iNOS reactivity in cytotrophoblast and JEG-3 cells. *Arrow* indicates strong immunostaining.

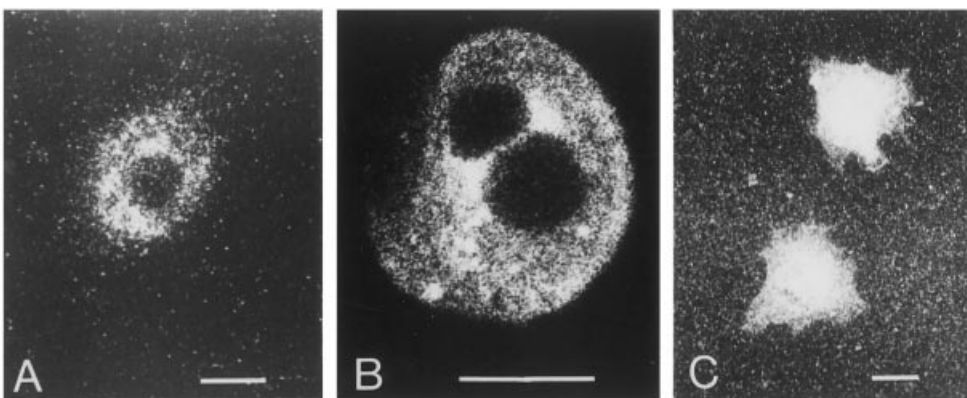


Fig. 3. Confocal images of cells stained with anti-nNOS antibody. **A**, cytotrophoblast; **B**, syncytiotrophoblast; and **C**, JEG-3 cells. The horizontal bar represents 10 μ M. Note that in all cells nNOS is localized in cytoplasm.

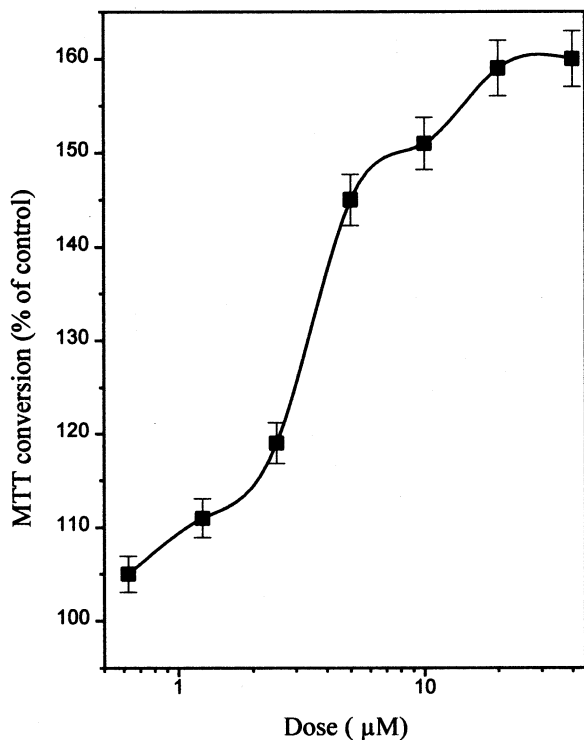


Fig. 4. Effect of SNP on proliferation of JEG-3 cell line. In culture, increasing concentration of SNP causes increased JEG-3 cell proliferation. Note that even at a dose of 40 μM SNP induces JEG-3 cell proliferation.

anti-iNOS (Fig. 2G, H) did not stain these cells. Confocal microscopic studies further revealed cytoplasmic localization of nNOS in cytotrophoblast (Fig. 3A), syncytiotrophoblast (Fig. 3B), and also in JEG-3 cells (Fig. 3C).

Effect of SNP on Trophoblast Proliferation and Differentiation

SNP enhanced proliferation of JEG-3 cells in a dose-dependent manner as observed by MTT conversion

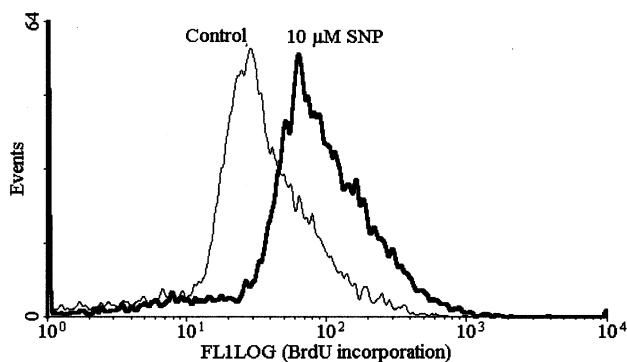


Fig. 5. Flow cytometric analysis of the effect of SNP on BrdU incorporation by JEG-3 cells. Challenge with 10 μM SNP shifted the mean fluorescence intensity from the control level of 26.41 ± 0.31 to 68.87 ± 4.33 .

assay (Fig. 4). Challenge of JEG-3 cells with SNP increased BrdU labeled cells as compared to control cells (Fig. 5). The mean fluorescence of control cells was 26.41 ± 2.63 , which increased to the level of 68.87 ± 4.33 after challenge with 10 μM SNP. The difference in mean was significant at a P value of 0.01.

SNP also inhibited the normal aggregation and fusion of cytotrophoblasts to form syncytial cells (Fig. 6A, B). The inhibitory effect of SNP on the differentiation of cytotrophoblast cells in culture was further evident from the low secretion levels of hCG and progesterone. The decrease was highly significant ($*P \leq 0.001$) at 72, 96, and 120 hr in primary culture and 72 and 96 hr in JEG-3 culture (Fig. 7A, B). Similar inhibition was observed in the progesterone secretion (Fig. 8A, B).

DISCUSSION

The data presented in this paper are intended to provide evidence for the presence of NOS isoform in a pure population of full-term trophoblast cells maintained under culture conditions and the role of NO in trophoblast proliferation and differentiation. Since NOS bears sequence homology to NADPH diaphorase, in preliminary experiments we have used NADPH diaphorase staining to localize NOS in trophoblast cells. Both undifferentiated cytotrophoblast cells and differentiated syncytiotrophoblast cells, as well as JEG-3 choriocarcinoma cells, stained for diaphorase activity (Fig. 1). The fact that the activity was not altered by the addition of serum suggests the presence of a constitutive form of NADPH-dependent reductase in the trophoblast cells. Although discrepancies in the staining pattern of diaphorase and NOS

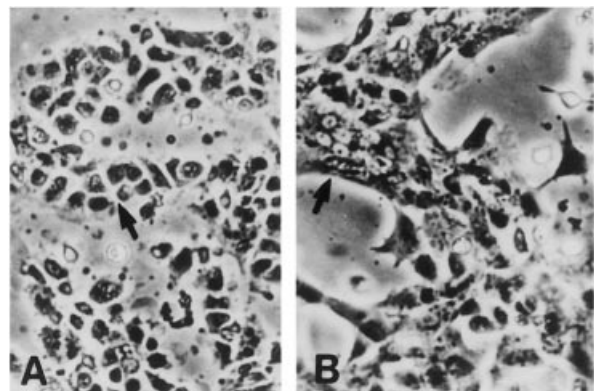


Fig. 6. Effect of SNP on trophoblast differentiation. Trophoblast cells were challenged with SNP (10 μM) at 48 hr of culture and phase contrast photomicrographs were taken at 72 hr of culture. **A**, cells challenged with SNP; **B**, cells without SNP challenge. Note that addition of SNP in culture stopped aggregation and subsequent fusion (arrow in **A**) of trophoblast cells. Arrow in **B** indicates fusion of cells.

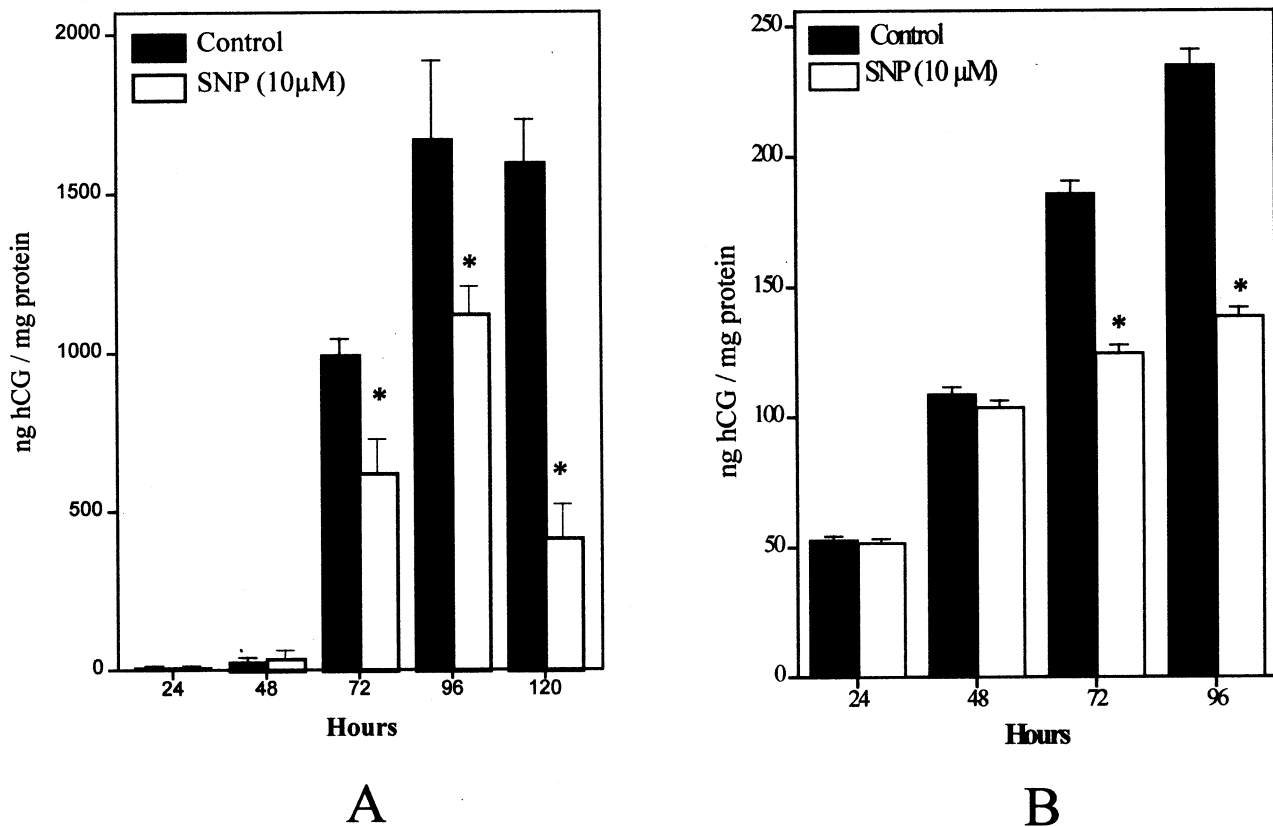


Fig. 7. Effect of SNP on hCG secretion by trophoblast cells. **A**, effect of SNP on hCG secretion by primary trophoblast cells. *Solid bar* indicates control (without addition of SNP) and *hollow bar* indicates hCG secretion after addition of SNP (10 μ M). Note that SNP significantly ($*P \leq 0.001$) reduced hCG secretion at 72, 96, and 120 hr of culture. **B**, effect of SNP on hCG secretion by JEG-3 cells. *Solid bar* indicates control and *hollow bar* indicates hCG secretion after addition of SNP (10 μ M). As in **A**, a similar kind of effect is observed at 72 and 96 hr of JEG-3 culture where SNP significantly ($*P \leq 0.001$) reduced hCG secretion (**B**).

has been reported,⁹ a direct link between the two has also been suggested by others.^{10,11} Our data show that the NOS immunoreactivity and NADPH-diaphorase staining are colocalized in the term trophoblast cells and JEG-3 choriocarcinoma cells maintained under culture conditions (Figs. 1 and 2). We have further tried to identify the isoforms of NOS present in these cells. Strong immunoreactivity was observed only with the neuronal type of NOS (Fig. 2A–C). Antibodies specific to eNOS and iNOS did not show any immunoreactivity, indicating their absence in the trophoblast cells (Fig. 2E–H). The two antibodies, however, showed positive immunostaining in the endothelial cells and macrophages, respectively (data not shown). It may be possible that as these cells were a pure population of trophoblast cells without any contamination of endothelial cells or macrophages; immunoreactivity for eNOS was not observed, as has been reported by others, using placental tissue sections.^{5,9} In a pure population of cytotrophoblast cells from early placenta, Eis et al.⁶ did not observe any immunoreactivity for eNOS. Diffused immunostain-

ing for eNOS was observed by them in some but not in all syncytial cells formed in culture from the cytotrophoblast cells of early placenta, but the term syncytial aggregates formed in culture were negative for eNOS. Constitutive nNOS as well as iNOS are cytosolic enzymes,^{12–16} whereas eNOS is present in the particulate fraction¹⁷ associated with membranes.¹⁸ The cytosolic localization of nNOS observed in our studies with confocal microscopy further substantiates the presence of the particular isoform in the trophoblast cells. The physiological significance of the differential subcellular localization of the isoforms is, however, not yet fully understood.

In the placental tissue, trophoblast cells are surrounded by endothelial cells as well as macrophages, all of which express different isoforms of NOS leading to the local generation of NO. It has been proposed that placenta-derived NO plays a role in the regulation of feto-maternal blood flow.²⁰ In placenta, NO has been postulated to contribute in surveillance against maternal immune insult.²¹ NO also modulates cellular growth. Inhibition of cellular proliferation by

NO was observed in several kinds of cells types, including fibroblasts,²² hepatocytes,²³ bone marrow,²⁴ retinal,²⁵ and mesangial cells.²⁶ However, in endothelial and glial cells, the effects obtained were not only inhibitory,^{27,28} but also stimulating.^{29,30} It had also been demonstrated that NO-induced cellular proliferation is apparently important for angiogenesis associated with tissue healing.^{29,31} In brief, nitric oxide exerts both inhibitory as well stimulatory effects on cellular proliferation. NO also influences differentiation of skeletal muscle cell,¹ neuronal cell,² and bone marrow cells.⁴ This poses a question of what effect NO may exert on trophoblast cells. NO-NOS system may be involved in trophoblast proliferation as in enterocytes²⁹ or glial cells.³⁰ To address the role of NO on trophoblast function, we have further studied the effect of NO using SNP as the NO donor on trophoblast cell proliferation and differentiation. NO released from SNP significantly stimulated the proliferation of JEG-3 cells over and above their normal rate of proliferation in culture (Fig. 4). To further correlate this observation with increase in DNA content in the cell during proliferation, BrdU labeling experiments followed by flow cytometry was per-

formed. It was observed that SNP also increased BrdU incorporation into the DNA (Fig. 5), which further substantiates the results obtained by MTT conversion assay. Morphological observations of primary trophoblasts indicate an arrest in the formation of syncytial cells in presence of SNP (Fig. 6). This inhibition was also reflected in the low level of secretion of hCG and progesterone (Figs. 7 and 8). The possibility of any cytotoxic effect of SNP, even at the highest concentration of 40 μ M, was ruled out by the observation of MTT assay (Fig. 4) and Trypan Blue exclusion by the trophoblast cells (data not shown).

Under *in vivo* conditions, cytotrophoblast cells undergo proliferation as well as differentiation to form multinucleated syncytiotrophoblast cells. These cellular events occur sequentially and are precisely coordinated in the utero-placental context. Cytotrophoblasts isolated from the placenta and maintained under culture condition, differentiate terminally and follow a temporal pattern of syncytia formation reproducing the *in vivo* process.¹⁹ The regulatory mechanisms controlling proliferation and differentiation of trophoblast cells are largely unknown. Our studies indicate that NO induces proliferation and reduces

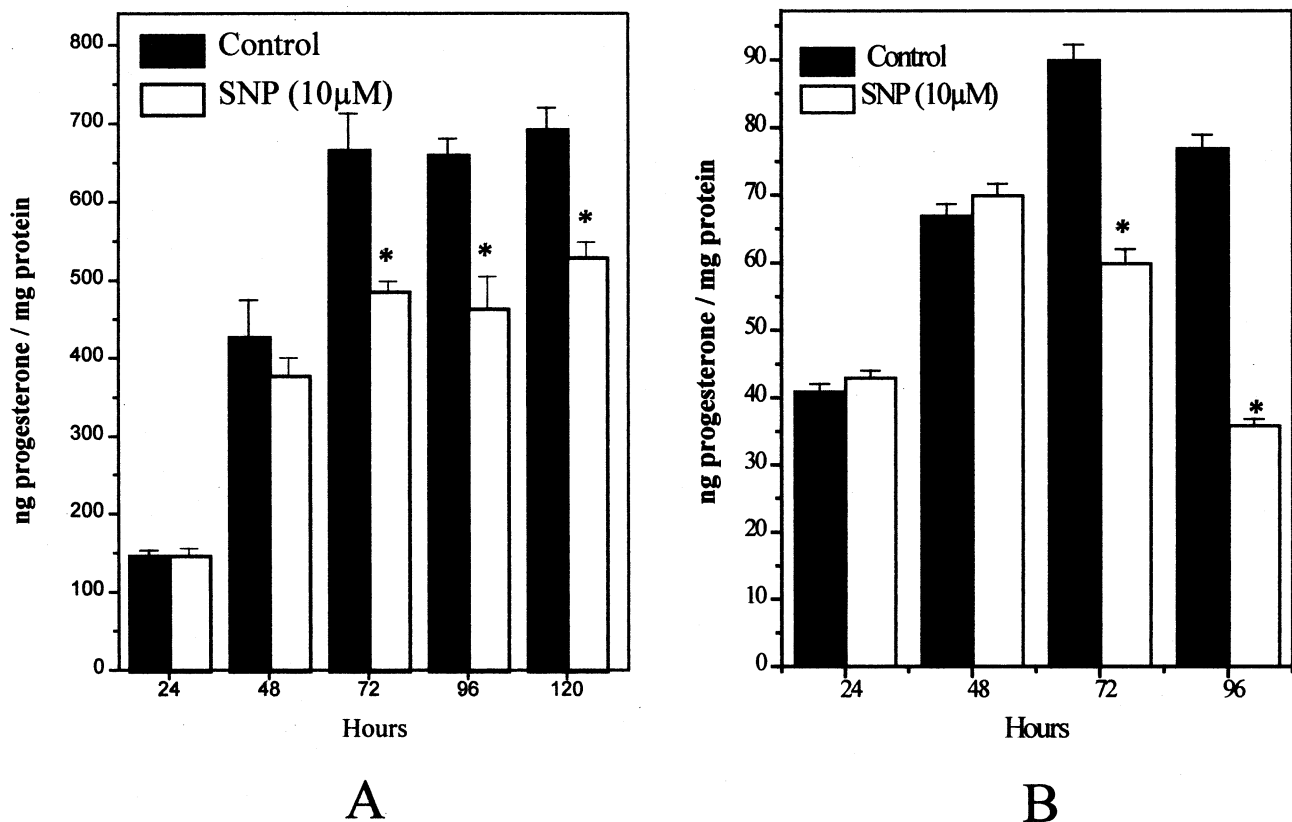


Fig. 8. Effect of SNP on progesterone secretion by trophoblast cells. **A**, progesterone secretion by primary trophoblast cells. Solid bar indicates control and hollow bar indicates SNP (10 μ M) challenge. Note that SNP significantly ($*P \leq 0.001$) reduced progesterone secretion at 72, 96, and 120 hr culture. **B**, progesterone secretion by JEG-3 cells. Solid bar indicates control and hollow bar indicates SNP (10 μ M) challenge. As in primary, SNP also significantly ($*P \leq 0.001$) reduced secretion of progesterone by JEG-3 cells at 72 and 96 hr of culture.

differentiation of trophoblast cells, thereby synchronizing placental growth and development. The mechanism by which such a control may be exerted needs to be further elucidated.

Acknowledgments

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